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Cristo enjoys variety of his work as Trevett Cristo president

By SID BAHL

Lou Cristo, president of Trevett Cristo P.C., is a proud member of the Rochester legal community. Cristo focuses on commercial services, personal services, litigation, insurance defense, commercial litigation, and personal injury law.

The son of a lawyer, he grew up in the Rochester area.

"I grew up running through the halls of the Powers Building," he said. "I guess the progression was pretty natural for me."

Cristo attended the University of Rochester for his undergraduate studies and then Albany Law School.

"When I graduated, what caused me to join a litigation firm was the firm's willingness to hand me a paycheck with barely having the ability to locate the courthouse," he said. "I can never regret my real education; that received from the attorneys who mentored

me over the years and inspired me to be the best I could be, such as true gentlemen like Tom Trevett, Tom VanStrydonck and others."

Cristo has remained interested in his work for a variety of reasons, but most important is the diversity of his litigation practice.

"Each case is unique," he said. "The substance of each matter is unique and confronting worthy opponents in trial practice requires you to stay focused. I don't believe many jobs are as fluid for such a long period of time."

He is proud to serve as president of a firm that has grown from a specialty defense firm of 10 attorneys to a full-service firm of 25 attorneys.

"I think that is about the right size," he said when asked about how his firm has developed and grown over the years. "Any larger and you always run the risk

of becoming an administrator and no longer a lawyer."

When asked about advice for younger attorneys, he emphasized balance.

"I can't say I possess any great wisdom regarding survival as a practicing attorney except to say always try to keep a balance," he said. "There are days and weeks when this job will consume you like few others. That's why you need to find a way to re-charge through family time, hobbies or recreation. It's of no value to be the lawyer in the graveyard with the most billable hours reported on your tombstone."

Cristo enjoys pottery and racquetball in his spare time. He is also a board member at the School of the Holy Childhood.

Although he admittedly has days where he would rather be anywhere but the office, he feels proud knowing that there is not a pro-



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fession that he would have enjoyed more than being an attorney.

Sid Bahl has his JD, MBA, and MS in public relations, and BSBA. He is an associate attorney for the Rochester-based law firm Brenna Boyce PLLC and is a member of the Young Lawyers Sections of the New York State Bar Association and the Monroe County Bar Association.