

Right to the best.

Cindy Lapoff, Partner

Cindy Lapoff is a partner with the firm, primarily assisting clients with issues related to labor and employment law and employee benefits.

With over 20 years of experience, her areas of expertise encompass a wide range of employment-focused legal matters, including ERISA, the Affordable Care Act, wage and hour matters, harassment and discrimination cases, and labor union arbitrations. Cindy has represented employees, unions, employers, and employee benefit plans in Federal and State court as well as before several administrative agencies.

Cindy is a graduate of Hobart and William Smith Colleges and *cum laude* graduate of the State University of New York at Buffalo School of Law. Since her admission to the New York State Bar in 1996, Cindy has been admitted to a variety of jurisdictions, notably including the U.S. Court of Appeals for the Second Circuit.

Cindy is also an accomplished writer, with publications in the Rochester Business Journal and Benefits Magazine, in addition to serving as the Supplement Editor for Employee Benefits Law, published by the Bureau of National Affairs and the American Bar Association.



In addition to her impressive accomplishments as an attorney, Cindy has been an active participant in a variety of community organizations, including the Toastmasters Chapter #476, ABA Joint Committee on Employee Benefits, and International Foundation of Employee Benefit Plans. Cindy is also a former Trustee of the Monroe County Bar Association and Founder of the Finger Lakes Triathlon, a major annual fundraiser for the Mary M. Gooley Hemophilia Center. For her efforts, Cindy has been named by The Daily Record as a Top Women in Law Honoree and is a recipient of the Mary M. Gooley Hemophilia Center Humanitarian Award.